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# SUFFERING FROM \_\_\_\_\_?

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FULFILL A NECESSARY INGREDIENT FOR HEALTH WHILE LINKING A SICK CHILD TO THEIR FRIENDS, FAMILY AND SCHOOL

## Satisfy your movement needs...

Did you know your body requires a certain amount of movement to express health?

Poor posture or mobility patterns limit that movement.

Chiropractic care will help you reclaim the movement in your spine—restoring your full health potential

## And feel good while you do it

Dr. Adam Ball will be donating a portion of your initial visit fee to Kids Health Links' "Upopolis", a program providing sick kids with the ability to remain social and connected to those that matter to them during their stay in the hospital.



**Book in today!**



*Visit Dr. Ball @ Element Crossfit:*

*Mon & Wed 6-8am    Tue & Thu 5-9pm*

*3505 Laird Rd. Unit 3    Mississauga, Ontario*

*Contact Dr. Ball to make an appointment:*

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